



June 2009

City of Orland, California

Working for a better Community

## INTERNET / CHILD CONCERNS:

By Orland Police Chief Robert Pasero

Many years ago I sat in a large classroom with 60 other police officers learning about the internet. I recall one of the instructors, a woman from Denver, CO. telling us that the internet and in particular chat rooms were a haven for pedophiles. I was somewhat skeptical. One of the class assignments was for officers to pair up and sign into a 'chat room' as a young girl or boy and see how long it took before an adult initiated a chat with us. The average elapsed time in the public chat room was well under 30 seconds. Recent headlines in the local and national newspapers have shown that the internet is NOT a safe playground for our children. Parental guidance is required. When your children are 'on line' they need to be monitored.

I am not a fan of the "social networking" websites. They offer far too much anonymity. Our children try to look older and post photos on their pages. They might as well pour blood into a pool of sharks. We parents have a responsibility to our children to protect them.

One of the hardest things for all of us to do is to "parent" our children. Children need boundaries. As a parent, from personal experience, I can tell you that setting and sticking to those boundaries is difficult. We parents must come to the realization that as much as we love our children...they are our children. They are not our friends. We get caught up in the idea that we have to please our children. The fact is that we are not going to please our children all the time.

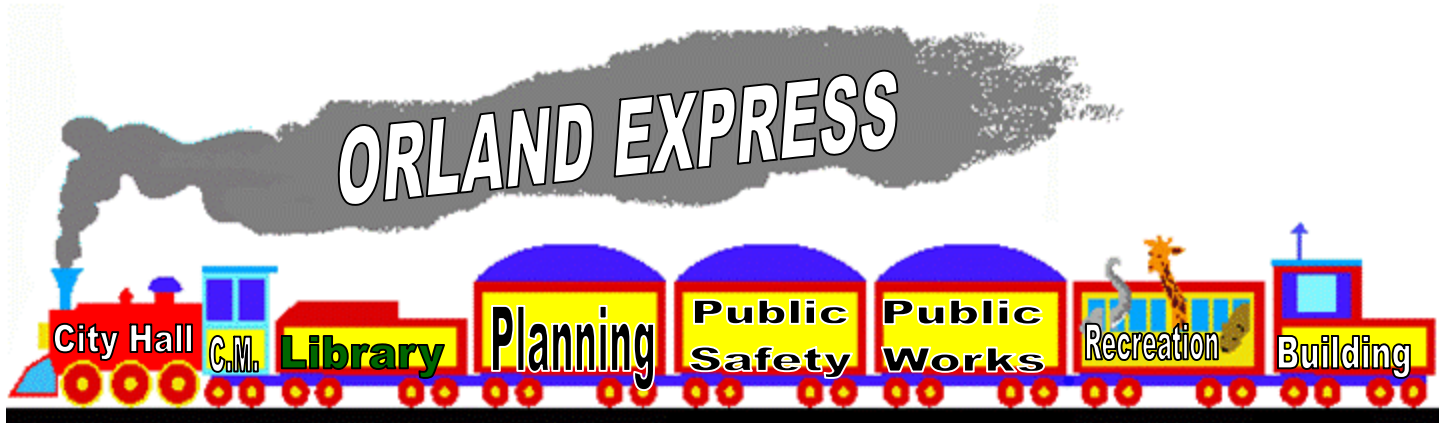
Setting boundaries is not about making children happy. It is about keeping children safe. Fortunately in the recent case investigated by the Orland Police Department the parents strictly monitored their child's "MYSPACE" page. The moment that something inappropriate appeared on the page they contacted the police department. Within 24 hours a full investigation was under way. Not all such cases will be resolved as expeditiously, effectively or efficiently as this case. We may never have known about this case had it not been for parents who cared enough to look and monitor their child's webpage.

The bottom line is that well meaning friends and even family members will allow your children to use their computers to establish a webpage on one of the social networking sites because it is 'cool.' We have to be ready to shut those sites down. But we have to know about the sites before we can take that type of action. Talk to your children. Remind them of the rules often. And I cannot stress this enough; Check their websites and their chat logs. If you see anything remotely inappropriate contact your local police department immediately.

The men and women of the Orland Police Department are ready, willing and able to help you. We will be happy to have an officer help you if you find inappropriate subject matter or conversations on your son or daughter's web site. But we can't help you if you don't take the initial steps. You wouldn't allow your child to swim, outside of a shark cage, in shark infested waters. Don't let them flounder on the internet without protection.

### Arts, Library, Public Safety & Public Works Commission Vacancies

The Arts, Library, and Public Works Commission have one vacancy on each of their respective commissions. The Public Safety Commission is currently accepting applications for all five seats. This is an excellent opportunity for concerned citizens to have input in their government. For applications and more information on each commission, please stop by City Hall or visit the city website at: [www.cityoforland.com](http://www.cityoforland.com)



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## Recreation Department

The Adult Softball Leagues have started and you can catch a Men's Fast Pitch game on Monday Nights. Games start at 7:00 and 8:30 pm. The Coed Softball Games are played every Tuesday and Thursday evening with games starting at 6:00, 7:15 and 8:30 pm. There are six Fast Pitch teams and nine Coed Softball teams.

The Orland Pool is now full of water and ready to go for the summer. The opening day is June 8<sup>th</sup>. Listed below are the Pool Schedule and fees along with all the summer camp and youth soccer information.

### 2009 Public Swim:

**Monday through Saturday—1:00 pm to 5:00 pm** (Closed on Sundays for pool parties)

#### Pool Fees:

Daily Swim	.....\$2/ person
	.....\$1/Adult with Toddler for baby pool
Lap Swim	.....\$2 / Day/ Person (6 pm –7 pm)
	Ages: Teen to Adult Days: M/T/W/Th

#### Season Passes:

Family\* .....\$75.00 Individual .....\$40.00

**\*Family passes are for members living in the same household.**

**Sponsorships:** Day only \$150, Add Night \$200

### Swim Lesson Schedule

Orland Recreation offers swim lessons for infant and up. Classes will include Water Exploration, Beginners, Intermediate, and Advanced. Classes are 25 minutes long and held Monday - Friday at 11 am, 11:30 am, and 12 pm. *The Fee is \$25 per session. Minimum enrollment of 6, Maximum enrollment of 9. Private Lessons are \$45, five sessions at 25 minutes / class*

\*\*Session I (Beginners/ Water Exploration): June 15<sup>th</sup> –June 26<sup>th</sup>

\*\*Session II (Water Exploration / Beginners / Intermediate) : July 6<sup>th</sup>– July 17<sup>th</sup>

\*\*Session III (Beginner / Intermediate / Advanced): July 27<sup>th</sup>– August 7<sup>th</sup>

### SUMMER CAMPS / SOCCER LEAGUE:

#### Youth Soccer League:

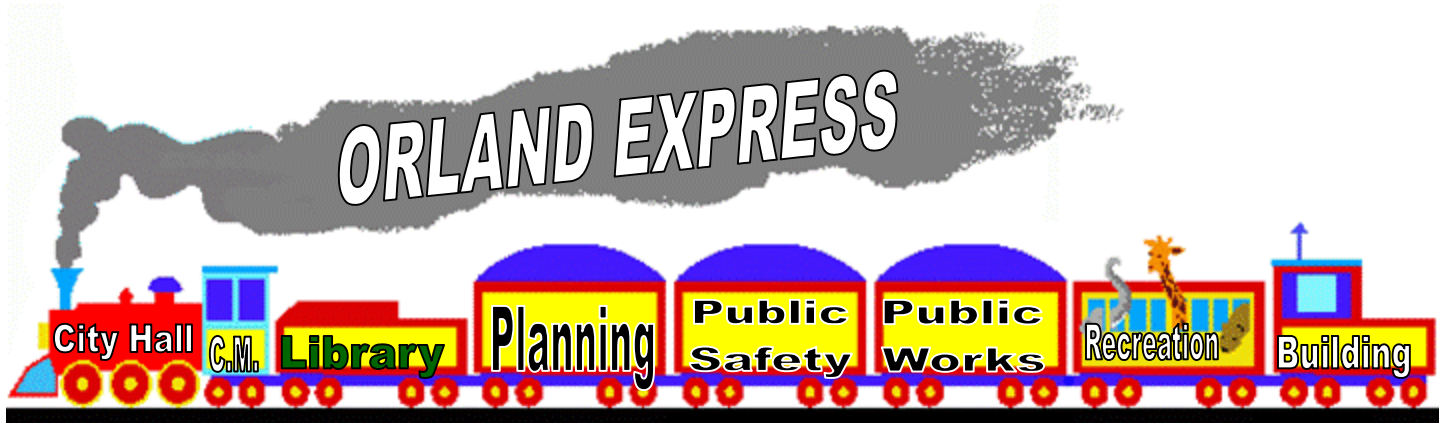
Come out this summer for the Orland Recreation soccer league. The league starts on June 6<sup>th</sup> and will run until August 1<sup>st</sup>. The league will teach the children good sportsmanship and techniques used in soccer. All participants will be split up by age groups. **Location:** Vinsonhaler Park **Cost:** \$30 per child **Registration Deadline:** June 3<sup>rd</sup> **Time:** Saturdays between 9 –11:00am **Date:** June 13<sup>th</sup>-Aug. 1<sup>st</sup> or until each team has played 8 games.

#### Summer Sports Camp:

Come join the Orland Recreation Department and play a variety of sports, games, and activities from 8:30 am to noon. Each Friday we will have a special lunch provided in the fee. Space is limited so hurry in to the Rec Department to register. Sign up early to reserve your spot!! **Fee:** \$50 per wk per child

**Registration Deadline:** June 10<sup>th</sup> **Dates:** June 15<sup>th</sup>-June 19<sup>th</sup> **Time:** 8:00 am-12:00 Camp

**Ages:** 7-13 **Location:** Orland Recreation Center



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### Youth Basketball Camp:

Come hoop it up with the Orland Recreation Department. This is the perfect time to learn the game of basketball while having fun with your friends. You will be going through drills and playing games to help improve your game. Friday we will have a special lunch provided in the fee. We can only have 40 participants so hurry in to register. **Fee:** \$50 per child **Registration Deadline is June 17th:** **Ages:** 8-13 year **Date:** June 22nd-June 26<sup>th</sup>

**Time:** 8:30-12:00 **Location:** Orland Recreation Center

### Mini Activities Camp:

This is a camp organized to introduce multiple sports such as t-ball, soccer, kickball, etc. There will also be a variety of games, activities, and crafts. Space is limited (20) so hurry in to the Orland Recreation department and sign up. Friday lunch will be provided by the Orland Rec Department. **Ages:** 4-7 **Time:** 9-Noon **Where:** Orland Recreation Center **Fee:** \$30 **When:** June 29<sup>th</sup>-July 3<sup>rd</sup> **Registration Deadline:** June 24<sup>th</sup>

### Youth Volleyball Camp:

Coaches will be teaching the basic techniques of Volleyball. Each day will end with games so each participant can show off their new skills they have developed. This is a great way to get tuned up before the school league starts. **Date:** July 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> **Time:** 9:00-12:00 **Fee:** \$30 **Ages:** 10-13 yrs olds

**Where:** Orland Recreation Center **Deadline:** July 1st

### Youth Flag Football 3 Day Camp:

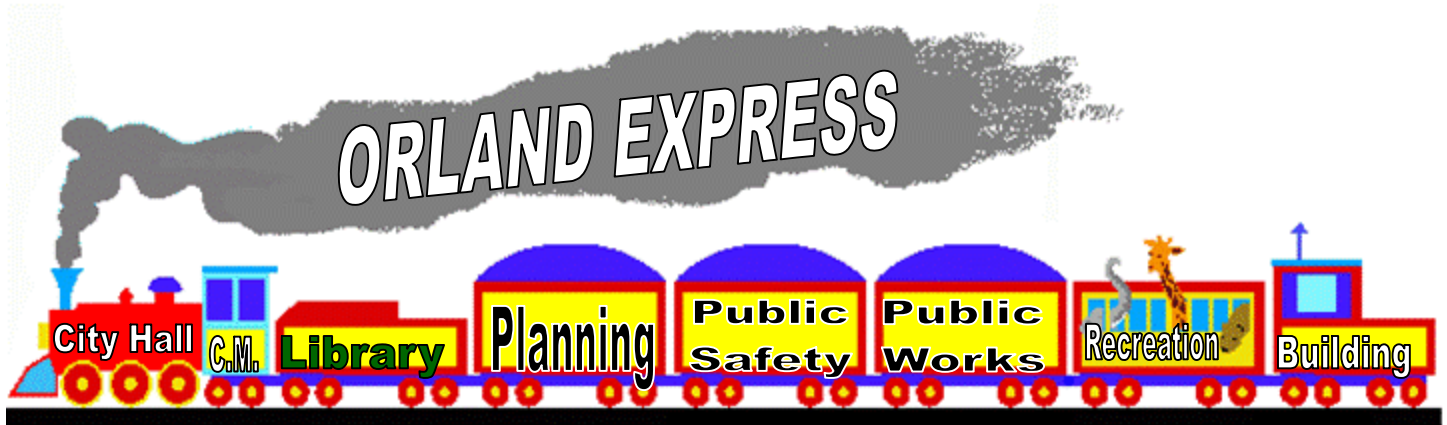
This is a **NON**-contact recreational youth flag football camp designed to help improve your football skills. Coaches will be showing different techniques for Quarterbacks, Wide Receivers, Running Backs, and some Defensive drills. Games will be held the last hour of camp each day. Limited to 40 participants. Lunch will be provided on Wednesday. **Coordinator:** Garrett White **Ages:** 8-13 yrs **Date:** July 20<sup>th</sup>-July 22<sup>nd</sup> **Where:** Lely Aquatic Park **Time:** 8:30-12:00 **Fee:** \$30 per child **Registration Deadline:** July 15<sup>th</sup>

### Adapted Recreation Camp:

This is an activity camp for our special needs population. Each day will begin with a simple gross motor warm-up to music and a light walk. Activities played will be Croquet, Bocce, and Frisbee Golf. Participants will be playing at individual levels within a group setting. Each day will finish with a cool down period with water and gatorade provided. Space is limited to 20 participants. **Registration Deadline:** June 10<sup>th</sup> **Ages:** 15 years and up-  
**Dates:** June 15<sup>th</sup>-18<sup>th</sup> **Time:** 2:00 pm – 4:00 pm **Location:** Orland Rec Center

**Fee:** \$25 per participant For more info call Steve at 330-0051

For any information regarding any recreation activity or if you have any ideas for new programs, please feel free to call or email the Recreation Department. You can find all schedules, forms, or information about the Recreation Department on the City website. [www.cityoforland.com](http://www.cityoforland.com)



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## **Community Services Department—Building Division**

The Building Inspector will be attending training sessions to become more informed about the new 2008 Building Energy Efficiency Standards which were adopted by the California Energy Commission on April 23, 2008, and will take effect on August 1, 2009. The requirement for when the 2008 Standards must be followed is dependent on when the application for the building permit is submitted. If the application for the building permit is submitted on or after August 1, 2009, the 2008 Standards must be met. These Standards incorporate new measures to reduce energy use and greenhouse gas emissions.

Some of the 2008 Low-Rise Residential changes include:

- Upgrade to window u-factor requirements.
- Update to lighting requirements, including controls and kitchen lighting – up to 50 watts for dwelling units less than or equal to 2,500 square feet or 100 watts for dwelling units larger than 2,500 square feet.
- Requirement for mechanical ventilation to maintain indoor air quality, establish standards for ventilation rates, ventilation strategies and modeling, such as continuous running bathroom fans or central fan systems.
- Update to swimming pool and spa requirements to include two-speed pumps and time clocks, and to limit flow velocity.
- Update to air conditioning refrigerant charge and airflow and protocols; discontinue credit for thermostatic expansion valves.
- Establishment of requirements for furnace fan airflow duct design.
- Requirement of under-slab hot water pipe insulation to reduce heat loss.
- Compliance credit that manufacturers incorporate into their equipment for:
  - Airtight air handler boxes.
  - High-efficiency furnace fans.
  - Refrigerant charge indicator displays.

New Solar Homes Partnership (NSHP) participation with photovoltaic (PV) (solar) installation is an optional way to comply.

Additional Low-Rise Residential Compliance Options for 2008 Standards include:

- New and expanded credits for saving energy in attics/roofs:
  - Duct sealing.
  - Attic ventilation.
  - Buried ducts.
  - Cool roofs.
  - Radiant barriers.
  - Insulation above roof deck.
- Expanded credits for envelope sealing with blower door testing.
- Easier credit for air conditioner right sizing.

Additional information on the 2008 Building Energy Efficiency Standards is available at <http://www.energy.ca.gov/title24/2008standards/>.

# ORLAND EXPRESS



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## ORLAND VOLUNTEER FIRE DEPARTMENT

We Don't want Your Business! Of course we are always going to be here to serve the community, but a recent rash of vehicle accidents serves as a reminder that we really prefer not to have to see people in an emergency. Luckily these accidents have not led to many serious injuries. Whether it's fire or vehicle accident, we train for this, but we would prefer not to have it happen.

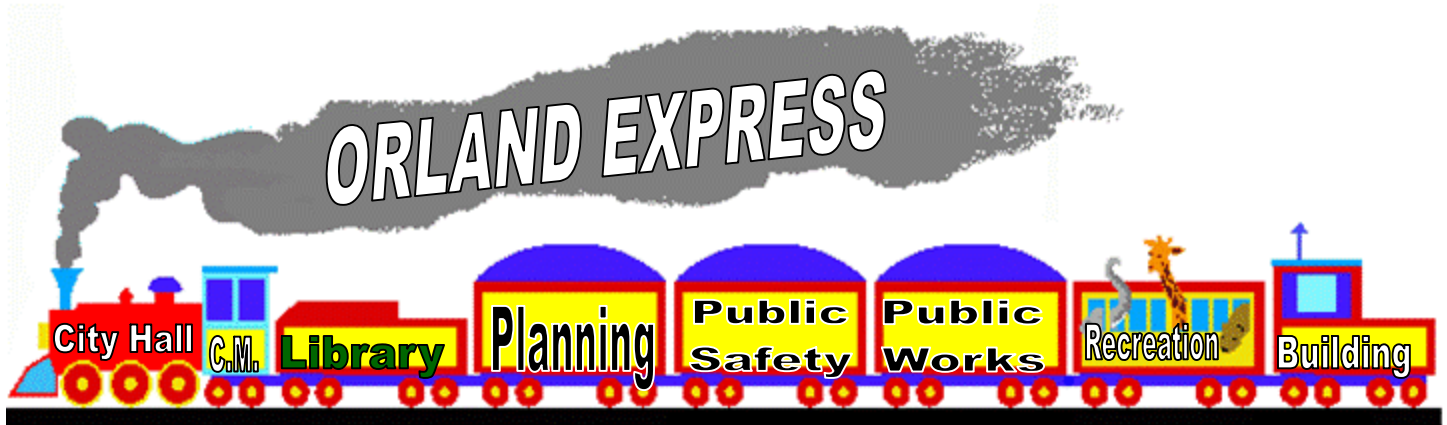
Drinking and driving and the use of seat belts may be law enforcement issues, but we see the results. Early summer always seems to bring a rash of alcohol related and speeding accidents. Please use your head. We don't want to see you at a vehicle accident.

While newer cars are much safer, it's important to use your seatbelts, and wear them properly. Airbags help, but they are a secondary restraint. Your car is designed to protect the passenger area of your car. If you are not properly restrained, your car can't protect you. We have been on vehicle accidents where the cars were totally destroyed, yet the driver was relatively uninjured because the car did it's job and protected them. Conversely, we have seen serious injuries and fatalities from accidents without major damage because the person was not restrained and thrown from the car.

To dispel a couple of myths: "I don't wear my seatbelt because I don't want to become trapped if the car goes into the water," and "He survived the accident because he was drunk and relaxed." Your odds of crashing into water and then becoming trapped are so slim it's barely even a risk. The odds of your accident being caused by someone pulling out in front of you are high. Use your seatbelt. People always seem to make an excuse for surviving an accident on the fact that the person was drunk and relaxed. It's wrong. The safety of your car the use of your seatbelt make the difference. Drinking and driving just means you're taking the chance of seriously injuring yourself and others.

### Training

As we transition into summer we switch gears in the Department and focus more on vegetation and grass fires. You will see us working on burning lots. We get the question as to why we burn some and not others. Essentially, if we can get some training value out of the lot, we try to use it. If not, the City addresses it through the Weed Abatement program.



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## Public Works Information

You will soon be receiving the City's Annual Consumer Confidence Report. In order to ensure that your tap water is safe to drink, the U.S. Environmental Protection Agency and the California Department of Health Services prescribe regulations which limit the amount of certain contaminants in water provided by public water systems. This report outlines what is present in the seven wells serving the City's public water system. It is sent to all current water customers and to the Division of Drinking Water and Environmental Management in Redding CA.

The City takes hundreds of water samples each year in order to determine the presence of any radioactive, biological, inorganic, volatile organic or synthetic organic contaminants.

All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the USEPA's Safe Water Hotline (1-800-426-4791) If you don't receive a Report, please contact the Public Works Department at (530) 865-1610.

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## Orland Free Library

Be Creative @ Your Library! That's the theme for the 2009 Summer Reading Program that will begin June 5th and is open to young people, preschool through young adult.

Preschool (ages 2-5) through 2nd grade will receive prizes for the number of books they read or have read to them, up to three prizes, and are encouraged to attend a weekly storytime & arts/crafts program held on Wednesdays at 11:00 a.m. Participants that are 3rd grade through 5th will receive prizes for the number of minutes that they spend reading, up to three prizes.

6th through 12th grades can use book or magazine evaluation cards as entries into a prize drawing. Young adults are also encouraged to volunteer (assist the librarian with children's programs).

Special Events:

June 10th at 11:00 a.m. Minneapolis storyteller, Vicki Joan the Rainbow lady, will perform at storytime.

June 17th at 11:00 a.m. Miss Glenn County and Centennial Queen contestants will present a special Prince/Princess Storytime and help kids make their own decorated crown.

June 25th at 5:00 p.m. ZooDoc, a local award-winning author, will discuss his new book War Star Rising!

The library welcomes children of all abilities. All programs are FREE!

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### ORLAND TOWN OFFICIALS

**Mayor: Bruce Roundy**

**Vice Mayor: Paul Barr**

**Council Members:**

**Reggie Olney, Wade S. Elliott, James E. Paschall**

**City Clerk: Angela Crook**

**City Treasurer: Pamela Otterson**

**City Manager: Paul H. Poczobut Jr.**